



Notable
Quotable

“Laughter is
America’s most
important export.”

- Walt Disney,
animator

December Horoscopes and Birthdays

In astrology, those born between December 1–21 are Archers of Sagittarius. Sagittarians are travelers, open-minded, and constantly in search of meaning. Archers seek change and take concrete steps to achieve their goals. Those born between December 22–31 are Capricorn’s Goats. Goats are practical, determined, and focused on ambitious goals. They persevere with grit and honesty.

Keep the Faith *continued from pg. 1*

He was hospitalized for over a month and was then transferred to the Gainesville Health & Rehab. His accident had left him without his voice for several months. It was surprising when his voice returned, all of a sudden.

From then, to now, Van has made some inspirational progress. With the passing of time and through months of therapy, his ability to concentrate improved, had skin integrity, and started eating by

mouth again.

He hopes that others never have to experience what his hemorrhagic stroke put him through. The stroke was a result of an arterial ventricular malformation in the lower base of brain that unexpectedly burst. For those that find themselves in similar situations, Van advises that if one just continues to work hard, stay focused, be positive, and most importantly, to never lose sight of keeping faith.

Welcome to the Team!



Carolyn Carter, L.P.N.

Mother, nurse, and animal lover, Carolyn is just a woman with a huge heart. She may be new, but she has proven to be a hard worker with a positive attitude that shines from miles away. For her associate’s degree, she attended NOVA Community College, and then transferred to Ultimate Health School to study nursing. Her goal is to return to school to further her education in the medical field. Until then, Carolyn continues to adore animals while caring for people here at the GHRC.

Happy Birthday!!!

- Wilma Acosta- Dec 05, 1947
- Brian Rotty- Dec 12, 1963
- Maria Uribe- Dec 13, 1955
- David Barricks- Dec 14, 1947
- Letitia Coulter- Dec 16, 1940
- Peggy Herritt- Dec 19, 1935
- Wendell Grant- Dec 22, 1940
- Georgia Zuro- Dec 25, 1935
- Audrey Blair- Dec 28, 1927

Gainesville Insider

December 2017



Gainesville Health & Rehab Center,
7501 Heritage Village Plaza, Va, 20155
Phone 571-248-6100
Fax 571-248-6455

Celebrating
December

Write a Friend
Month

Bingo Month

Safe Toys and
Gifts Month

Eat a Red
Apple Day
December 1

International
Volunteer Day
December 5

Hanukkah
December 12–20

Look for an
Evergreen Day
December 19

Christmas Day
December 25

Make Cut-Out
Snowflakes Day
December 27

Holiday Tree Lighting Event

Dear Gainesville,

Please join us as we celebrate the season with a Holiday Tree Lighting!

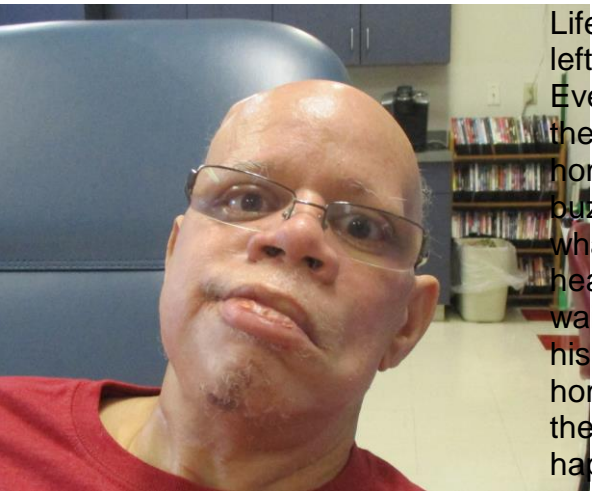
Where: Dining Room

When: December 14th, 2017

Time: 2:30-4:30 p.m.



Keep the Faith



Life for Van Dade (pictured in the left) before his accident was good. Everything was great. At the time of the incident, he was off from work at home making a phone call. He felt a buzzing and heard a ringing after what he believed to be a blow to the head. The ringing wouldn’t stop. Van waited consciously for 3 hours, then his daughter found him upon coming home from school. Van woke up in the hospital unsure of what had happened to him.



*Be an angel to our patients and residents
When you pick an angel from the angel tree, you
choose to give our residents and patients a gift to
truly cherish this holiday season.*



Gifts will be distributed at the Resident Party

Resident Hoilday Party

December 22nd @ 2:30 PM

Family members and friends are welcome to join residents and patients.



Enjoy complimentary food and drinks

Snap pictures with Santa

Unwrap gifts with us!

Attention Staff!



All staff are invited to please join us for our Holiday party!

December 20th from 2-4 PM

December 21st from 2:30-3:30 AM

Gifts, games and lunch provided!

Ornament Exchange



If any staff members are interested in exchanging ornaments at the staff party, please bring in an ornament by December 15th. Ornaments will be collected by Jessica Booterbaugh or Lisa Jamison.